

**Swim England North East Open Championships (25m) 2023
4th & 5th November 2023
Ponds Forge International Sports Centre, Sheffield
(2NE231348)**

Session 1 Saturday 4th November @ 9am			Session 3 Sunday 5th November @ 9am		
Open/Male	100m	Freestyle	Female	100m	Freestyle
Female	200m	Freestyle	Open/Male	200m	Freestyle
Open/Male	50m	Breaststroke	Female	50m	Breaststroke
Female	100m	Breaststroke	Open/Male	100m	Breaststroke
Open/Male	400m	Ind. Medley	Female	400m	Ind. Medley
Female	100m	Butterfly	Open/Male	100m	Butterfly
Open/Male	100m	Backstroke	Female	100m	Backstroke
Female	50m	Backstroke	Open/Male	50m	Backstroke
Open/Male	200m	Butterfly	Female	200m	Butterfly
Female	200m	Ind. Medley	Open/Male	200m	Ind. Medley
Open/Male	400m	Freestyle	Female	400m	Freestyle
Female	50m	Freestyle	Open/Male	50m	Freestyle
Open/Male	200m	Breaststroke	Female	200m	Breaststroke
Mixed	800m	Freestyle H.D.W.	Mixed	1500m	Freestyle H.D.W.
Open/Male	50m	Butterfly	Female	50m	Butterfly
Female	200m	Backstroke	Open/Male	200m	Backstroke
Open/Male	100m	Ind. Medley	Female	100m	Ind. Medley
Session 2 Finals @ TBC			Session 4 Finals @ TBC		

There will be no Team Events

**Qualifying Times (25m)
Entry times must be recorded in British Rankings (Levels 1-3) between 1st
September 2021 and the closing date. Converted times accepted**

Open/Male		Female
25.70	50m Freestyle	28.70
56.20	100m Freestyle	1.02.00
2.06.30	200m Freestyle	2.15.10
4.30.00	400m Freestyle	4.35.00
9:05.00	800m Freestyle	9.30.00
17.40.00	1500m Freestyle	18:25.00
30.70	50m Backstroke	33.10
1.08.00	100m Backstroke	1.10.70
2.24.90	200m Backstroke	2.33.70
33.50	50m Breaststroke	37.10
1.14.60	100m Breaststroke	1.22.00
2.48.00	200m Breaststroke	2.55.50
28.20	50m Butterfly	30.80
1.03.00	100m Butterfly	1.10.00
2.30.00	200m Butterfly	2.37.00
1.07.70	100m Ind. Medley	1.12.50
2.22.30	200m Ind. Medley	2.33.00
5.10.00	400m Ind. Medley	5.15.00

Entries Close 25th October 2023

Email: nerswimmingmanager@asner.org.uk